



Under The “Har Ghar Dhyam” initiative of Ministry of Culture

SWAMI SHRADDHANAND COLLEGE



University Of Delhi
in collaboration with
THE ART OF LIVING
is organising a Seminar



Meditation: Experience Inner Peace

VENUE: SEMINAR HALL, NEW BUILDING, SSN COLLEGE

PROGRAMME SCHEDULE

DATE & DAY	STREAM	BATCH 1 (10:00 a.m. to 11:30 a.m.) 1 st , 2 nd and 3 rd year students of	BATCH 2 (11:30 a.m. to 1:30 a.m.) 1 st , 2 nd and 3 rd year students of
12/9/2023, Tuesday	Science	B.Sc. (Hons.) Microbiology, B.Sc. (Hons.) Zoology	B.Sc. (Hons.) Botany, B.Sc. (Hons.) Chemistry
13/9/2023, Wednesday	Science	B.Sc. (Hons.) Physics, B.Sc. (Hons.) Physical Science	B.Sc. Life Science, B.Sc. Applied Life Science
18/9/2023, Monday	Arts	B.A. (Prog.)	B.A. (Hons.) History B.A. (Hons.) Hindi, B.A. (Hons.) English, B.A. (Hons.) Geography
19/9/2023, Tuesday	Commerce	B.Com. (Hons.)	B.Com. (Prog.)

Chief Patron
Prof. Parveen Garg
Principal, SSNC
University of Delhi

HGD Committee Members, SSNC
Dr. Aradhana Chadha Sachdeva,
Ms. Chanchal
Dr. Nitin Chauhan
Dr. Jyoti Lakshmi Kashyap

AOL Faculty for SSNC
Ms. Parul Khurana

Nodal Officer, HGD, SSNC
Dr. Lakshna Mahajan